

CHILDREN, YOUTH AND FAMILY SERVICES

A B Coalition for Healthy Youth

Coalition of agencies that serve adolescents at risk
(978) 844-4588
abc4healthyyouth@yahoo.com

Big Brothers, Big Sisters of Central Middlesex, Inc.

Mentoring programs for disadvantaged youth
(508) 752-7868
www.bbbscm.org

Community Alliance for Youth

Resource information and support for parents of adolescents
www.cafy.net

Community Partnership for Children

Scholarships for quality pre-school child care for children of low income families
(978) 263-1827
bsweet@itcacton.org

Danny's Place

Youth Center for 6th-12th graders; numerous programs in a safe environment
(978) 264-9754
www.dannys-place.org

Doli Atamian Campership Fund

Summer camp scholarships for children
PO Box 693, Acton, MA 01720
(978) 268-0131

First Connections (div. of JRI, Inc.)

Family Support organization for children and families birth through age 5
(978) 287-0221

Latino Family Network

Outreach and educational support to Latino families; social gatherings, Spanish instruction and referrals
Zoila Ricciardi
(978) 590-2912
www.familiaslatinas.org

Minuteman ARC for Human Services

Therapeutic and vocational services for children and adults with developmental disabilities
(978) 287-7900
www.minutemanarc.org

DOMESTIC VIOLENCE

Domestic Violence Services Network

Programs that provide direct support and advocacy to victims of domestic violence, and to prevent violence against women
(978) 318-3421 or speak to an advocate (888) 399-6111
www.dvvap.org

MetroWest Legal Services

Pro bono legal assistance for violence victims
(800) 696-1501 (508) 620-1830
www.mwlegal.org

ELDERLY

Alzheimer's Association, Massachusetts Chapter

Information and Support
(800)272-3900 or (617) 868-6718
www.alzmass.org

Alzheimer's Disease Support Group

Support for caretakers
Hotline (800) 548-2111
or (781) 369-1113 or (781) 369-1400

Cooperative Elder Services

Day program for frail elderly
(781) 863-2261
www.elderdayservices.com

Councils on Aging

Social programs, wellness programs, clinics, classes, support groups and van service for residents over age 60
Acton: (978) 264-9643
Seniorcenter@acton-ma.gov
Boxborough: (978) 263-1116 ext.106

Minuteman Aging Information Center

Contact information for wide range of services available to Seniors
(781) 272-7177 or (978) 263-8720

Minuteman Senior Services

Health care, meals on wheels, counseling, support for home-bound seniors and caregivers
(888) 222-6171 or (978) 263-5053
info@minutemansenior.org
www.minutemansenior.org

HUNGER AND HOUSING

A Friend in Need *

One time emergency financial assistance
35 School Street, Acton, MA 01720
* Contact must be made by social service worker / case manager / clergy—not by individual or family in need.

Acton Community Supper

Hot meal program, and clothing closet
(978) 635-9295
Acton Congregational Church
12 Concord Road, Acton, MA
Weekly, Wed. 5:30 p.m.-6:45p.m.
To help: (978) 263-2516 sappletn@verizon.net
www.actoncommunitysupper.org

Acton Food Pantry

Bags of groceries for families
St. Matthew's Methodist Church (Basement)
435 Central St, Acton, MA
Wednesdays, 10:00AM—7:00PM
To help: foodpantry@actoncommunitysupper.org

Acton Housing Authority

Support to elderly and disabled residents
(978) 263-5339
Kelley@ActonHousing.net

Closet for the Needy

Used clothing-year round, By Appointment
St. Elizabeth's Church
89 Arlington St., Acton, MA

HUNGER AND HOUSING

(cont'd)

Household Goods Recycling of Massachusetts

Provides furniture, blankets, small appliances, and household items for families in need

(978) 635-1763 or (978) 635-1739

530 Main Street Acton, MA

www.hgrm.org

Stork Support

Free baby equipment, furniture, baby and maternity clothes

(978) 486-9331

Littleton Congregational Church, 308 King St. Littleton, MA

Stow Food Pantry

Bagged groceries Open two times a month

Call for appointment

(978) 897-4230

LANGUAGE INSTRUCTION

Acton-Boxborough Community Education (DIAL)

Classes for non-English speaking students & adults

(978) 263-6538; (978) 266-2525

www.dialesl.com

Acton Memorial Library

Collection of language self-instruction in book/cassette packages and audio CD's

for learning English and other languages

486 Main St., Acton, MA

English at Large

One-on-one tutoring, classes for non-English speaking adults

(781)395-2374

learn@englishatlarge.org

Maynard Adult Learning Center

Classes in Maynard and Hudson for non-English speaking adults. Free GED classes in Hudson

(978) 897-4203 Maynard or (978) 897-7866 Hudson

MENTAL HEALTH

Alcoholics Anonymous

Local support program for those addicted to alcohol

(978) 263-4305

St. Elizabeth's Rectory, 89 Arlington St. Acton, MA

MENTAL HEALTH

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Al-Anon

Support group for those whose lives have been affected by another person's drinking

Acton Congregational Church

12 Concord Rd. Acton (far rear ground floor entrance)

Wednesdays 10-11:30 a.m.

Concord Family & Youth Services, div. of JRI inc.

Programs and services to ensure healthy families

(978) 263-3006

www.jri.org

Eliot Community Human Services

Mental health counseling for chronically ill patients

(978) 369-1113

www.eliotchs.org

NAMI (National Alliance on Mental Illness)

Support groups for families, friends of mentally ill

(781) 982-3318

Restoration Project

Vocational rehabilitation for mentally ill adults

(978) 263-0416

info@restorationproject.org

Town of Acton Community Services Coordinator

Laura Ducharme, (978) 264-9653.

lducharme@acton-ma.gov

For more information, or to find out how you can help in your community, visit our website or contact our office.

Neighbors Helping Neighbors

ACTON-BOXBOROUGH UNITED WAY

PO BOX 2258

ACTON, MA 01720-6258

PHONE: (978) 263-1777

EMAIL: ABUW@ABUW.ORG

WEB: WWW.ABUW.ORG



Acton-Boxborough United Way

LOCAL HUMAN SERVICES DIRECTORY



A free information and referral line that connects people with specific community services and volunteer opportunities. Also provides updated information on storms, disasters and post-disaster programs.