

Dear Friends and Neighbors:

Let us tell you about Alice.

Alice lives in Acton and is a single mother of two. She works full-time as a Home Health Aide, but does not always have enough to pay all her bills. When her car needed major repairs-the car she needs to get to work-Alice faced the hard choice of either paying her rent or paying for the necessary car repairs that would keep her employed.

Thanks to you and other caring community members, we were able to help Alice. An emergency grant from Acton-Boxborough United Way (AB United Way) helped get her through the month so she could best care for her family.

We tell you about Alice because, while Acton and Boxborough are strong and vibrant communities, we still face significant challenges. Did you know that one in five households earns less than \$50,000 per year in our towns? Like Alice, these residents worry each month about feeding their families, heating their homes, and paying rent.

You can help today.

With your support, AB United Way programs include early intervention for an infant struggling with weak motor skills, counseling for a teen suffering from depression, and meals delivered to house-bound seniors. Your contribution is vital to so many of our residents in town fighting to build a better life.

AB United Way is the leading community impact organization in our towns. Our work touches residents at every stage of their lives.

Please join us as we renew our commitment to making the community stronger. When you make a gift to AB United Way, you directly help your community thrive. Every dollar raised here - stays here.

[Donate Now.](#)

With thanks,

Jeannie Meijer, AB United Way President
Rachel Sagan, Executive Director



**Acton-Boxborough
United Way**

[Donate Now](#)

Upcoming Events

**ABRSD Family
Learning Series:
Andrew Forsthoefel**



May 16, 2018

AB United Way Spring Community Programs

Suicide Prevention Training:

Community-wide suicide prevention training, free and open to the public on **May 17**, from **12:00-2:00 pm** at the Acton Senior Center. Riverside Trauma Center will be leading a suicide prevention workshop entitled **QPR - QUESTION, PERSUADE, AND REFER**. QPR teaches 3 simple steps anyone can learn to help save a life. Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone for help.

There will be some focus on the needs of seniors but the training will be relevant to all community members. This is done in partnership with Acton Senior Center.

7:00-8:30 PM
ABRHS Auditorium
36 Charter Road, Acton

Author of the memoir,
Walking to Listen, Andrew
Forsthoefel will speak on
the topic of "Walking to
Listen: A Talk on the Power
of Listening."

Walking to Listen is: "A
memoir of one young man's
coming of age on a cross-
country trek-told through the
stories of the people of all
ages, races, and
inclinations he meets along
the highways of America." -
<http://livingtolisten.com/>

Copies of
Walking to Listen
are available at the
circulation desk at Acton
Memorial Library.

Free. Students grades 9-12
welcome to attend.



AB United Way Annual Meeting

June 12, 2018
7:00-8:30 pm
Gallery at West Acton
Villageworks

Join us as we celebrate the
community spirit, announce
the Volunteer of the Year
Award and welcome the
new Board of Directors

Interested in learning how
your business can partner
with AB United Way?
Contact us today!

Powerful Tools for Caregivers Workshop:

In partnership with Minuteman Senior Services, we are offering a workshop for caregivers; a six-week class that is designed to provide skills and support. The meetings are once a week, 10:00-11:30 am at the Acton Memorial Library, **Saturdays, May 5 - June 16, 2018.**

The program is Free but space is limited and registration is required at abuw@abuw.org.

Save the Date for Cupcakes for a Cause: June 13, 7:00 PM



Hosted by Karen Collins, founder of Bisousweet Confections and AB United Way board member, guests will enjoy a hands-on cupcake decorating experience. E-invitation coming soon. This event sold out last year, so be sure to register asap! All proceeds will support summer camp scholarships for kids in Acton and Boxborough.

Double Your AB United Way Donation with a Matching Gift

Did you know that many companies offer employee matching gift programs? The impact of your gift can be doubled if you enroll in your employer's matching gift program. Check with your company's HR department to find out if your company has an employee matching program.

Here are just a sample of employers in MA that offer employee matching gift programs:

Dell, Microsoft, Pfizer, Fidelity, Houghton Mifflin, State Street, Raytheon, Qualcomm, and Bank of America